



## **2019 Vanguard Cadets Color Guard Auditions**

Thank you for your interest in the 2019 Vanguard Cadets color guard. We are excited that Vanguard is the place you would like to call home. There are four possible audition locations, and you can choose whichever date and location is most convenient. If you are unable to attend any of these, please contact us at the email below to request information on auditioning by video.

- **December 14-16 in San Jose, CA**

The audition process will be ongoing throughout the weekend, and will be an exciting way to learn Vanguard technique and choreography. The staff will be evaluating the following:

- **Range of movement and equipment skills**
- **Quality of technique**
- **Processing and application of information received by the staff**
- **Performance and achievement of exercises and choreography**
- **Demonstration of a positive attitude and work ethic**
- **Growth throughout the audition weekend**

All performers should have a strong understanding of basic movement and equipment skills. Listed below are equipment skills that are used as a foundation for our equipment technique. It will be to your advantage to know these skills in advance of the audition weekend.

### **FLAG:**

- **Drop spins**
- **Backhands**
- **Thumb flips**
- **Pull hits**
- **Tosses (vertical as well as 45 degree angle)**

**RIFLE and SABRE:**

- **Spins**
- **Double time spins (two handed and single)**
- **Spin/Stop**
- **Tosses**

We look forward to meeting you and hope that you have an exciting weekend with the Vanguard Cadets!

Sincerely,

*Jenny Lyons*

Color Guard Caption Manager

Vanguard Cadets

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